

Ten ways to use...



The ROSE Tool

a gift from MagnificenceMine.com

1. Put a Rose at the edge of your Aura to **delineate** the edge of where You end, and Shakespeare's theater begins. You are only responsible for what happens *Inside your Rose*.
2. *360 degree Roses* ~ put a Rose in front, behind, left side, right side, above and below you. OWN ALL of this SPACE. This is ALL YOURS.
3. Place a Rose *half-way* between you and another person. Your Energy remains on your side of the Rose (regardless of the distance); their Energy stays on the other side of this Rose. Adjust the Rose as the distance between you changes.
4. During a phone call, place a Rose between you and the phone receiver. This keeps a line between you and the conversation.
5. Put a Rose between you and the TV or your computer screen. The Rose allows for breathing room to respond/or not. You are only responsible for what happens 'inside' the Rose containment field.
6. Use a Rose to '**collect up**' **disharmonious Energy** ~ drop down Grounding Cord. As an example, create a Rose, give it the command to collect up any disharmonious Energy at the color RED (survival, or fight or flight color). Now drop the Rose down your Grounding Cord.
7. Places Roses around your car, or airplane. Remember the Rose *behind* the car. This is a great way to put space between your car and someone driving too close.
8. Put a Rose in front of your 5th Chakra (Throat/communication Chakra) when driving. This is especially helpful when there is heavy traffic and/or police activity on the road. It allows your comments to stay on your side of the Rose and neutral vs broadcasting out.
9. Truth or Lie Rose ~ this Rose is helpful when making decisions about food choices, supplement choices etc. If the Rose falls forward, the question is a **YES this is good for me**. If the Rose falls backwards, it indicates a **NO response for your body**. If the Rose tilts sideways, *the response is a Maybe*. Refine the question and ask again. This is very helpful in determining portion size/quantity.
10. **Lower Vibration Energy Collection** ~ ex: create a Rose, give it the command to collect up all the Energy of **Invalidation**. Have the Rose collect up all the times YOU were *invalidated*; have it collect up the Energy of all the times you *invalidated* your SELF; have it collect up all the Energy of when you *invalidated* ANOTHER. now... BLOW UP THE ROSE... This releases the Energy, the residue goes down your Grounding Cord.



for those **Asking** and **Allowing**

NADINE, N.D.

